

LUNCH IS SERVED DAILY

MONDAY - FRIDAY

AT 11:30AM



CALL 510-799-8219,  
TO MAKE YOUR LUNCH RESERVATIONS  
RESERVATIONS ARE FIRST COME, FIRST SERVE  
RESERVATIONS ARE MADE WEEKLY

## Vegetarian Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2/2</b>	<b>2/3</b>	<b>2/4</b>	<b>2/5</b>	<b>2/6</b>
Chana Masala w/Brown Rice Collard Greens Diced Beets FRUIT/DESSERT	Cheese Omelet w/Shredded Cheese Spinach Cauliflower Whole Wheat Roll w/Butter FRUIT/DESSERT	Tofu Chow Mein w/Noodles Asian Vegetables Carrots FRUIT/DESSERT	Lentil Stew Whole Kernel Corn California Vegetables Whole Wheat Roll w/Butter FRUIT/DESSERT	Cheese Enchiladas Black Beans Fiesta Vegetables FRUIT/DESSERT
<b>2/9</b>	<b>2/10</b>	<b>2/11</b>	<b>2/12</b>	<b>2/13</b>
Spaghetti with Vegetarian Meatballs and Marinara Sauce Mixed Vegetables Cauliflower FRUIT/DESSERT	Tofu Curry w/Brown Rice Brussels Sprouts Stewed Tomatoes FRUIT/DESSERT	Vegetarian Chili w/Beans Sweet Potatoes Green Beans w/Red Bell Peppers Whole Wheat Roll w/Butter FRUIT/DESSERT	<b>Breakfast with a Badge 8am - 10am RSVP in advance.</b>  <b>No Café Costa Lunch</b> 	Buffalo Tofu w/Brown Rice Broccoli Peas & Carrots FRUIT/DESSERT
<b>2/16</b>	<b>2/17</b>	<b>2/18</b>	<b>2/19</b>	<b>2/20</b>
<b>CLOSED PRESIDENT'S DAY</b>	Chana Masala w/Brown Rice Collard Greens Diced Beets FRUIT/DESSERT	Cheese Omelet w/Shredded Cheese Spinach Cauliflower Whole Wheat Roll w/Butter FRUIT/DESSERT	Tofu Chow Mein w/Noodles Asian Vegetables Carrots FRUIT/DESSERT	Lentil Stew Whole Kernel Corn California Vegetables Whole Wheat Roll w/Butter FRUIT/DESSERT
<b>2/23</b>	<b>2/24</b>	<b>2/25</b>	<b>2/26</b>	<b>2/27</b>
Buffalo Tofu w/Brown Rice Broccoli Peas & Carrots FRUIT/DESSERT	Spaghetti with Vegetarian Meatballs and Marinara Sauce Mixed Vegetables Cauliflower FRUIT/DESSERT	Tofu Curry w/Brown Rice Brussels Sprouts Stewed Tomatoes FRUIT/DESSERT	Vegetarian Chili w/Beans Sweet Potatoes Green Beans w/Red Bell Peppers Whole Wheat Roll w/Butter FRUIT/DESSERT	Bean & Cheese Burrito w/Enchilada Sauce & Shredded Cheese Fiesta Vegetables Mexicali Corn FRUIT/DESSERT
				

Please call 510-799-8219, to reserve your lunch one business day before noon. Menus available at [www.HerculesCa.gov](http://www.HerculesCa.gov)

Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.